To print the User's Guide, first click the Help button in the main window, then click on the Print button in the help dialog window. Many print options are available.

Select the font you want to use. Tidy It Up! will use this font to print all the text. You have nice fonts, so why not use them?

Select the option "Start Chapter on Odd Pages" if you want every start of chapter to start on an odd page number (right side). This option is only active if you print using a double sided method. If this option is enabled, the number of pages may be higher.